

Kindergarten: Choose 1 activity from each column (Specialist Areas).

Media	Art	Phy Ed	Music
Make a blanket fort and read inside it.	Use shaving cream on a cookie sheet to practice making designs and patterns or write numbers, shapes, letters, words.	Have your parents go to https://www.gonoodle.com/ and then sign up. Pick 3 activity choices.	Sing a song you've learned in music class to a family member.
Read a book aloud to a family member or stuffed animal.	Create a snow sculpture.	Dance to a song that you like, Jumping Jacks- 10, Bicycles- 15, Bicep curls with soup cans- 10, Superman- 5	Dance and sing to your favorite song.
Retell a favorite story to someone you see today.	Draw a picture of your favorite animal.	Dance to a song that you like, Crunches- 10, Shoulder press with soup cans- 10, Squats- 10, Touch Toes-10 seconds.	Sing the ABC song.
If you have online access, find an activity on the media website. Practice your mouse skills.	Build something out of legos or blocks	SWORKIT Kids: Need an app for some fitness, this one is free. Choose a work out and perform it for 10 minutes.	Have your parent teach you a song they learned when they were your age.
Using a keyboard, practice typing each word twice: snow, cold, shovel, hat, coat, mittens, sled, skate, ice, fun.	Draw a picture of any subject using only the Primary colors - Red, Yellow, and Blue	Play outside or Build a snow fort or snowman (**Please be advised that this activity will have your student going outside into the cold. Please ensure they are dressed warmly. Dress in layers).	Listen to a piece of classical music and draw what you hear.
Listen to an online book. See the links on your Media website for choices	Make up an animal and draw or paint it.	Play catch, volley or juggle with self or partner for 10 minutes.	Find two things in your house that make a musical sound and make up your own song.